

HM 64 - an astrological and medical compilation, 1400s

23 recto:

A powdere ffor to make a tothe to fall oute.

Take a Blake tood 7 poudere of Rewe

7 the Roote of molbery tre But furste bren

the toode in an erthyn pot and afterwardis

make powder of hym 7 then menge the pow[-].

deris all togederis 7 then take a litill of that pouder and

toWache What tothe that thou wilt ther[e] withe 7 hit schall fall out.

22 verso:

This is goode for the Brayne

To have the savowrs of muske. The savowre of camemyll.

And drynke wyne meserably

To ete sawge and Notemyggis

To kembe yowrs hedde.

Ofte wesshyng of hondis and face. Meserabell wacche.

Steppyng in tyme. Also to hyre melody precious noyse
of songe of men or of children.

To ete mustard and peper.

The sauowrs of redde Rosses.

And to ete Lectuari made with redde rosses.

This is evull ffor the Brayne, All man[er] of Braynes.

Glotteny. Drongkenys. Late sowpers.

To slepe to moche sone after mete.

Eyre that is corrupte. Angger.and hevynes.

To hele thyn hedde to moche.

To ete to moche mete. And to moche colde mylke.

To moche cheeshe other Nottis [nuts], er thou be an hongurde.

Batheyng after mete. To moche walkyng. porettis.

Synonys. Garleuke or grete dens. T

he sauowrs of white rosses.

Moche steryng withe yowr hedde.

51 verso [To recognize pregnancy]:

Take the furste water after that sche hathe comenyd withe man 7 if that water be cleere sche is withe childe, And it hit be thicke sche is not withe childe. Also Another Geve hur[e] to ete a clowe of Leeke when sche goothe to bedde 7 after thure furste slepe if sche ffeels Sauowre of Like in hur mowþe sche is not Withe childe. And if sche ffeeles not no Sauowrs sche is Withe childe on[e] Warantisse.

146 recto:

ffor syke and sore pappis.

Take dowig donge and hony well grownde. And temper hit withe wex a stounde [a while]. That plaster laye thy pappis vppon. And the boluyng schall ouer goon.

148 recto:

ffor aman that Spekes in hisslepe.

Take sowthernwoode and temper hit withe wyne and lete the syke dryngke there of when he gooth to Bedde and that schall Eesse him.

149 recto:

To make a fayre face.

Take and a noynte thy face withe Booles [bull's] Bloode at even And at morowe wesshe hit Awaye withe water that Beeuer ar Soden in; Also take haris Bloode and Doothe inthe same wisse.

158 recto

ffor to make tethe Whyte that ar blake and yelow.

Take flowr[e] of Rye Salte and honny and medlehem well to gedere and ther[e] with frote [rub] welle the tethe euery daye 2s [twice] or 3s [three times] and wesshe hem after wardys withe water.